

Ballet Terms for Level 4

Seven Movements of Ballet

Plier—to bend

Relever—to rise

Glisser—to glide

Tourner—to turn

Sauter—to jump

Positions of the Body

À la quatrième devant

À la quatrième derrière

À la seconde

Terms

À terre (a tehr)—on the ground

Adage (a-DAHZH)—at ease or leisure

Allégro (a-lay-GROH)—lively

Arabesque (a-ra-BESK)—ornament

Assemblé (a sahn-BLAY)—assembled

Balancé (ba-lahn-SAY)—rocking step

Ballerina (bahl-lay-REE-nah)—female dancer

Battement (bat-MAHN)—beating

Battu (ba-TEW)—beaten

Cavalier—male partner to a ballerina

Chaînes (sheh-NAY)—chains

Changement de pieds (shahnzh-MAHN dug pyay)—change of feet

Chassé (sha-SAY)—chased

Choreography—dance composition

Corps de ballet (kawr duh ba-LAY)—body of the ballet

Coupé (koo-PAY)—cut

Dégagé (day-ga-ZAY)—disengaged

Demi (duh-MEE)—half

Derrière (deh-RYEHR)—behind

Devant (deh-VAHN)—in front

Développé (dayv-law-PAY)—developed

Échappé (ay-sha-PAY)—escaping

En dedans (ahn day-DAHNN)—inward

En dehors (ahn day-AWR)—outward

En haut (ahn-oh)—high

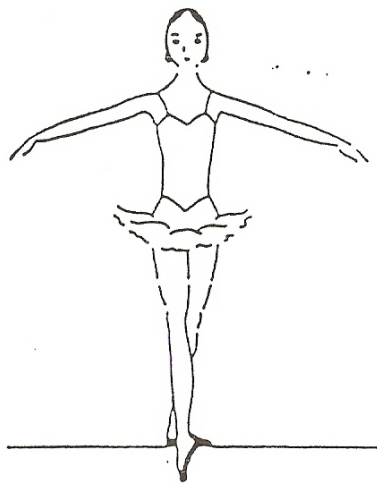
En l'air (ahn lehr)—in the air

Fondu (fohn-DEW)—sinking down

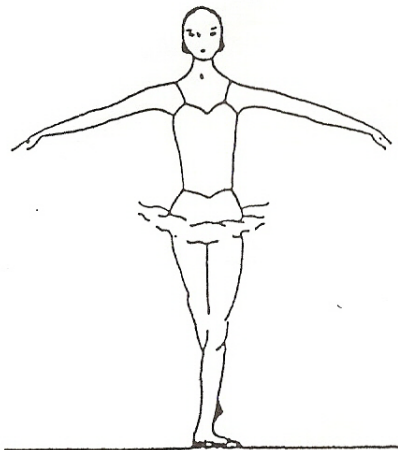
Frappé (fra-PAY)—struck

Grande (grahnd)—large

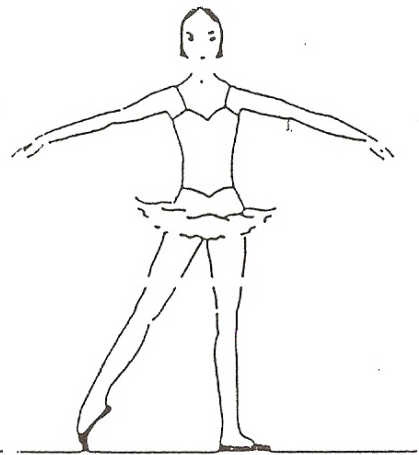
Jeté (zheh-TAY)—throwing
 Ouvert (oo-VEHR)—open
 Pas (pah)—step
 Pas de basque (pah duh bask)—step of the basque
 Pas de bourrée (pah duh boo-RAY)—step of the stuffed
 Pas de chat (pah duh shah)—step of the cat
 Pas de cheval (pas duh shuh-VAL)—step of the horse
 Passé (pah-SAY)—passed
 Piqué (pee-KAY)—pricked
 Pirouette (peer-WET)—whirl
 Port de bras (pawr duh brah)—carriage of the arms
 Port de corps (pawr duh kawr)—carriage of the body
 Révérence (ray-vay-RAHNSS)—curtsey or bow
 Rond de jambe (rawn duh zhahnb)—round of the leg
 Sissonne (see-SAWN)—named for its inventor
 Soutenu (soot-NEW)—sustained
 Sur le cou-de-pied (sewr leh koo-duh-PYAY)—on the neck of the foot
 Tendu (tahn-DEW)—stretched



À la quatrième devant.
 To the 4th in front



À la quatrième derrière.
 To the 4th in back



À la seconde.
 To the second